

# Homeopathy

Homeopathy comes from the Greek words "homeo", meaning similar and "pathos" meaning disease of suffering. Illnesses are treated by stimulating the body's own healing response. Homeopathic medicine is prepared from natural substances, plant, mineral, and animal, which are highly diluted and used in micro doses, which guarantees against side-effects and toxicity.

When illness or disease strikes the symptoms are signs of the body's best efforts to re-establish its own natural balance. Instead of suppressing the symptoms, homeopathy looks at the natural substances that would naturally cause these symptoms and uses the Principle of The Law of Similars or "like" cures like and gives the (micro doses) to treat according. The body, mind, spirit, environment, and the way of life of an individual are all regarded when choosing a treatment.

Homeopathic medicines contain minute amounts of the active ingredients, making them very safe, non-toxic with no known side effects. Even if medication is being used there is no known drug interaction risks.

## Examples:

**Aconitum:** for sudden onset (respiratory problem), cough, rapid breathing

**Apis:** for insect bites, sunburn and hives

**Arnica:** for pain of simple trauma (accidents, falls), sprains, -- after being set by a physican, -- bruising, muscular aches, helps the body to recover from surgical trauma

**Bacillinum:** ringworm

**Belladonna:** for aggression, heatstroke

**Hepar Sulphuris:** for minor unresolved suppurative skin conditions, such as eruptions or boils, tooth abscessation

**Hypericum Perforatum:** for any kind of simple trauma involving nerve pain. For example, after a tooth extraction, a laceration, a bruised finger

**Ignatia:** Restlessness, fidgeting, shyness, timidity, hyperactivity, grief,

**Ledum:** for puncture wounds and for all insect bites

**Nux Vomica:** for hairballs, vomiting and diarrhea on by excessive drinking and /or heavy meals

**Phosphorus:** for one who tends to bleed easily and experience frequent nosebleeds, bleeding gums. May be used before surgery to decrease the risks associated with bleeding

**Pulsatilla:** for bereavement/loneliness, shyness/timidity,

**Rhus Tox:** for arthritis, poison ivy

**Ruta:** for sensations of stiffness and contusion in the limbs and joints, muscular strain, eye strain, and sprains

**Sulphur:** roaming tendency, heat stroke

**Thuja:** given within 24 hours of vaccinations to prevent adverse reactions

Disclaimer: these practices don't take the place of veterinary care.